

From The Times
January 16, 2010

Best trips for singles

Daunted by the prospect of holidaying on your own? Four travellers reveal how to make it an experience of a lifetime

[Recommend?](#)

Greek odyssey

Alex Plaza, 39, took cooking classes on a yacht cruising the Mediterranean

I came to know of Loes Douze and her fleet of beautiful yachts through friends and signed up for a trip with cooking workshops on board. It was wonderful.

We were a splendidly mixed bunch, aged 25 to 50 – English, Greek, Swedish, Spanish, French, plus me from Chile. A good few of us were unattached, which seemed to make it even more jolly. Over the course of a week we built some very solid friendships, but there was ample room to be alone – the boats are huge.

We visited some delightful places, in Greece and Turkey. The food and attention on board were obscenely luxurious, and I can't wait to feel my bare feet on that glorious deck again – I remain single, but that's just a detail once you're there.

A week's sailing with SCIC starts at £790 full board (020-8510 9292; scicsailing.eu)